



# RECORD OF INSTRUCTING DAYS



Please complete this form if you are required to provide ARDS with a record of six instructing days worked for an ARDS Member School in support of your relicensing application. You do not need to complete this form if an ARDS Member school is sponsoring you. Please amend any personal details that are not correct.

## Personal Details

Name  
Address

Home tel  
Work tel  
Mobile  
Email

ARDS  
Licence No.

## Record of Six Instructing Days Worked

1. Date:	Circuit:	Organiser running day eg. ARDS School, Track Club:
Type of Instructing eg. track day, experience day, corporate day, race tuition:		

2. Date:	Circuit:	Organiser running day eg. ARDS School, Track Club:
Type of Instructing eg. track day, experience day, corporate day, race tuition:		

3. Date:	Circuit:	Organiser running day eg. ARDS School, Track Club:
Type of Instructing eg. track day, experience day, corporate day, race tuition:		

4. Date:	Circuit:	Organiser running day eg. ARDS School, Track Club:
Type of Instructing eg. track day, experience day, corporate day, race tuition:		

5. Date:	Circuit:	Organiser running day eg. ARDS School, Track Club:
Type of Instructing eg. track day, experience day, corporate day, race tuition:		

6. Date:	Circuit:	Organiser running day eg. ARDS School, Track Club:
Type of Instructing eg. track day, experience day, corporate day, race tuition:		

## Sign the Declaration

I confirm that all the information given above is true and correct. I hereby agree to abide by the ARDS child protection policy and guidelines. I understand that in order to protect the privacy of the information held on their computers, ARDS, the MSA and Locktons (insurers) are registered under data protection legislation. The information you have provided will be used to provide you with your instructor licence. We may also use your information to communicate with you and to send you offers and news about ARDS or the MSA. We may contact you by post, telephone or email for these purposes.

Signature:	Date:
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## Return to ARDS for authorisation:

Paul O'Brien, ARDS Limited, Acorne House, Unit 9 Lane End Business Park, Lane End, High Wycombe HP14 3BY  
If you have any queries please contact ARDS directly at admin@ards.co.uk (web address www.ards.co.uk)