



**Recognised
Instructor**



Joe Ahrens

Coach - Instructor - Manager - Driver

London

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SUMMARY

I have had a deep passion for everything cars and motorsport related from a very early age. Having raced karts for many years, upon the successful completion of my A-levels I was offered the amazing opportunity to spend two months in California working with a kart team as a Driver coach and mechanic. This opportunity opened my eyes to a world of possible careers in motorsport beyond being a driver, and yet still based around driving. When I returned from the states at the age of 18, I immediately began working for Protrain, the kart team I had been racing for, and soon after began studying for my degree in Motorsport Engineering from De Montfort University.

At the same time, I began restoring classic cars and bikes as a means to generate finances for racing and continued working for Protrain racing, building up my reputation to becoming Chief engineer for the team by the end of 2022.

During this time, I was offered the chance to make the move into car racing in Classic Formula Ford, which I currently compete in. This has opened even more opportunities to advance my career, including racing in Australia, as well as working as an instructor at Silverstone. I have gained a lot of experience coaching drivers, running and maintaining race equipment, as well as exploring all aspects of running a small business. I have big plans for the future and all these experiences will help me to fulfill them.

WORK EXPERIENCE

COACH

I have been lucky enough to work with some of the best driver coaches in the world and have observed how they work and adapted many of their techniques for my own use, as well as building my own specific brand of coaching through years of experience. I work with drivers of all backgrounds from total beginner to championship contender, including all ages from 8 to 70. I have also had the chance to work with drivers from all over the world, both here in the UK and while overseas in California and Australia. I have worked with drivers who have successfully made the transition up from Karts into Car racing in different categories, including Ginetta juniors. I have also coached drivers who are brand new to the sport and transformed them into drivers capable of competing at the highest national level. I have a rare

SOCIAL MEDIA

Facebook - Joseph Ahrens



Instagram - JoeAhrens51



SKILLS

- Driver coach
- Race engineer
- Welder
- Team manager
- Logistics
- Data engineer
- Race instructor
- Race driver

EDUCATION

Secondary school

Portland Place school

London 2012-2019

A levels in Maths, 3D Design, music and an EPQ.

talent for being able to build drivers up from complete novices to accomplished winners. I am proud of the achievements of my drivers as well as the coaching services I provide. I am continuously developing my coaching skills and knowledge and have just recently completed a first for sport qualification which certifies me as a licensed motorsport UK coach.

INSTRUCTOR

I am an accomplished motorsport instructor, working as an ARKS S-grade instructor with Protrain Racing to bring brand new drivers into the sport, and provide their licensing for them. I also work as an instructor at Silverstone, holding a B grade ARDS instructor license, at the race school on their high profile corporate days and worked at the F1 GP in 2022. I am an apprentice to one of the most accomplished race instructors in the World, Steve Deeks, Silverstone's S-license holder to teach motorsport, and my mentor in this arena.

TEAM MANAGER

I work as a team manager for Protrain Racing, which gives me responsibility for everything from driver tuition, race setup, customer relations to team logistics. Learning the Trade from the team owner Gary Chapman, himself a highly successful driver as well as team manager, who led the team to many national and international titles.

RACE ENGINEER

Along with team manager I am also chief race engineer with Protrain Racing, developing kart setups working on preparation, assisting the other mechanics as well as fulfilling the role of data engineer.

INTERESTS

I have many interests throughout a variety of subjects ranging from playing a musical instrument to fabricating components. I play several musical instruments including Trumpet and Saxophone and used to play in both jazz and soul bands before I had so many other claims on my time. I have a great interest in anything mechanical and am constantly expanding my knowledge, such as teaching myself to braze over the winter, a skill I now use to repair karts for Protrain. I have taught myself many skills through both research and trial and error. From the restoration of my first car (a 1974 Triumph 1500 tc Dolomite) to learning to knit. I find myself endlessly wanting to learn more about a wide range of subjects.

University

De Montfort University
2020-2023

BA Motorsport Engineering

LICENSING

- ARKS instructor grade S
- ARDS instructor Grade B
- Motorsport UK Coach
- British kart championship mechanic
- Race national